



LONG FIELD
SPENCER ACADEMY

LONG FIELD SPENCER ACADEMY

Enrichment



WELCOME TO LONG FIELD SPENCER ACADEMY **TOGETHER * ENJOY * ACHIEVE**

The Enrichment programme is a central part of our curriculum at Long Field Spencer Academy and all students are encouraged to take part. Sessions are led by teachers, support staff and by visiting tutors who are experts in their field.

The programme has been designed to broaden student experiences and develop skills which universities and employers find attractive in potential candidates.

There is a strong link between students who take part in a range of extra – curricular activities and successful outcomes at the end of Year 11 and beyond.

This booklet contains details on the vast range of enrichment activities on offer at the Academy. Please take time to go through the booklet with your child and do not hesitate to contact the Academy should you have any questions – help@longfieldspencer.org.uk



As well as the large number of clubs we run in the school we also have a number of enrichment activities. These are one off events and trips that happen during the school year. Sometimes these are linked to lessons, sometimes there are on one of our five enrichment days or sometimes they are just additional activities throughout the year. These activities all develop important skills in our students in addition to the work they do in lessons and the experience they get taking part in their regular clubs.

I hope you enjoy reading about them all.

Chris Haggett
Principal

**If you would like any more information please email
help@longfieldspencer.org.uk**

ANTI-BULLYING WEEK

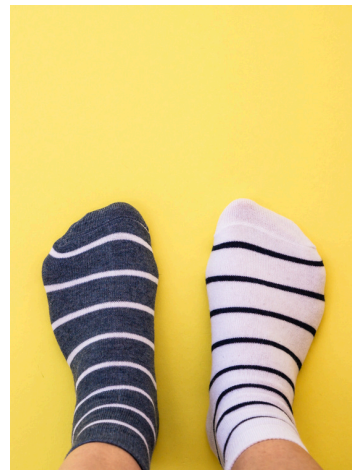
Year 7-11

ACTIVITY LEAD:
MR HAGGETT

chaggett@longfieldspencer.org.uk



We take bullying very seriously at Long Field. We use anti bullying week as a way of reminding students to let us know if they are having any issues at school. Our odd sock day during the week is to show everyone that we all care and are here to help!



"Children should be able to live a life
free from bullying and harassment and
it is time that we all took a stand
against this."

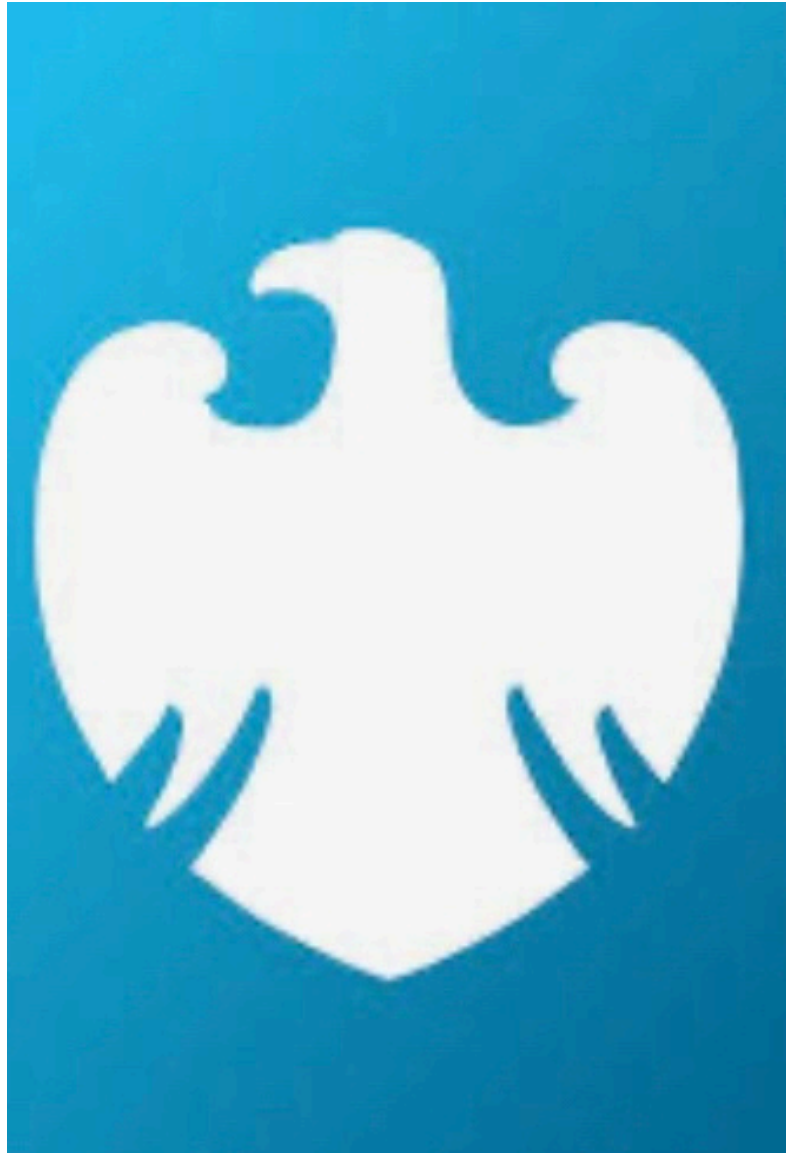
KATHERINE JENKINS

BARCLAYS LIFE SKILLS

Year 7

**ACTIVITY LEAD:
MR FRETWELL**

sfretwell@longfieldspencer.org.uk



This involves four interactive sessions throughout the academic year focusing on specific disciplines such as, Growth Mindset, History of Money, Team Building for the Workplace, Developing Interpersonal Skills for the world of work, self-assessment and Life Skills. Each session provides students with experience of employers and employees in a professional setting. It also teaches students a range of different skills and experiences that will help them with their academic performance in school. The sessions are delivered by highly trained facilitators and are conducted as part of the timetable with all of the Year 7 students taking part.

"Communication, the human connection, is
the key to personal and career success"

PAUL J. MEYER

BEING BRITISH

Year 7

ACTIVITY LEAD:
MR HAGGETT

chaggett@longfieldspencer.org.uk



Students work on the British Value 'Mutual Respect and tolerance of those with different faiths and beliefs'. They look at the main 5 world religions and their symbols and engage in a discussion around how all 5 world religions are equally respected in Britain. They create an abstract watercolour piece of work to include the 5 religious symbols in the style of Kandinsky and in the colours of the British Flag.

"I love England - it's no secret."
NICOLAS CAGE

BLACK COUNTRY LIVING MUSEUM

Year 8

ACTIVITY LEAD:
MR RAITHATHA

sraithatha@longfieldspencer.org.uk



History is brought to life for our students at the Black Country museum. Students get to meet historic characters who show the students what it was like to work in one of the first industrialised landscapes in Britain including reconstructed shops, pubs and houses. Students will also watch live demonstrations, take part in old fashioned street games and visit the vintage cinema.

"History is who we are and why we are
the way we are."

DAVID MCCULLOUGH

BLACK HISTORY MONTH

All Years

ACTIVITY LEAD:
MRS WARRISS

lwarriss@longfieldspencer.org.uk



In October 2025 we will be exploring the theme of **Standing Firm in Power and Pride** highlighting the profound contributions made by Black people who have shaped history, while also looking forward towards a future of continued empowerment and unity. Through assemblies and BITEs lessons, students will learn about key anniversaries taking place this October including the 60th anniversary of the Race Relations Act; the assassination of Malcolm X; the passing of Paul Stephenson OBE (1937–2024) and the civil rights campaigner who led the 1963 Bristol Bus Boycott; and the remarkable legacy of Lord Herman Ouseley (1945–2024), former Chair of the Commission for Racial Equality, whose tireless work to challenge institutional racism reshaped Britain's approach to equality and inclusion. These milestones serve as a powerful reminder of the ongoing struggle for equality and justice, and the tireless efforts of those who have fought for the rights of Black people and communities.

"History is who we are and
why we are the way we are."
DAVID MCCULLOUGH

BLETCHLEY PARK

Year 9

ACTIVITY LEAD:
MR PATEL

mpatel@longfieldspencer.org.uk



This is a trip for Year 9 where students discover the incredible achievements of Britain's World War Two Codebreakers, in the place where it happened. Students get to enter rooms where important decisions were made and discover their impact on the conflict. They also get to explore the site where Enigma was broken and uncover its secrets. This really is a unique day out and one not to be missed.

"You don't stumble upon your
heritage. It's there, just waiting to be
explored and shared"

ROBBIE ROBERTSON

BOWLING & ICE SKATING

Year 10

ACTIVITY LEAD:
MISS BURROWS

eburrows@longfieldspencer.org.uk



Within Year 10, students have the opportunity to attend bowling and ice skating. This is an opportunity for students to participate in unique sports, learning the skills required within these sports and growing in confidence. Ultimately, this gives the students more opportunities to pursue a different sport outside of school. Throughout the day, students have the opportunity to develop personal skills such as working in a team, communicating effectively with peers, developing new skills and developing in confidence. Students can choose to play these sports leisurely or in a competitive situation which allows them to compete against peers, giving them lifelong skills of learning how to win gracefully and accept defeat. Alongside, skill and personal development students have the opportunity to travel further afield to attend this event in a different City, broadening their horizons to opportunities they can have around the United Kingdom.

"There's something about putting on a
pair of skates,"
RANDY GARDNER

CADBURY WORLD

Year 9-10

ACTIVITY LEAD:
MISS SMITH

rsmith@longfieldspencer.org.uk



Love chocolate? Come on the trip to Cadbury's World to see how chocolate is made, taste some delicious samples and even draw in chocolate! We go behind the scenes at Cadbury's to see how all of our favourites are made. This amazing trip is open to Year 9 and 10 students.

"As long as there is chocolate, there
will be happiness."

WAYNE GERARD TROTMAN

CAREERS DAY

Year 10

ACTIVITY LEAD:
MR RAITHATHA

sraithatha@longfieldspencer.org.uk



The Year 10 Careers Day is a bespoke Day focussing on Post 16 and aims to start preparing students for life after Long Field! Students complete a range of activities enabling them to make informed decisions and plans for the future. Activities including researching colleges, learning how to write CVs as well as taking part in mock, formal job interview! The aim of the day is to find out about different areas of employment, develop work-related skills and raise aspirations for the future.

" Opportunities don't happen, you
create them."

CHRIS GROSSER

CHARITY DAYS

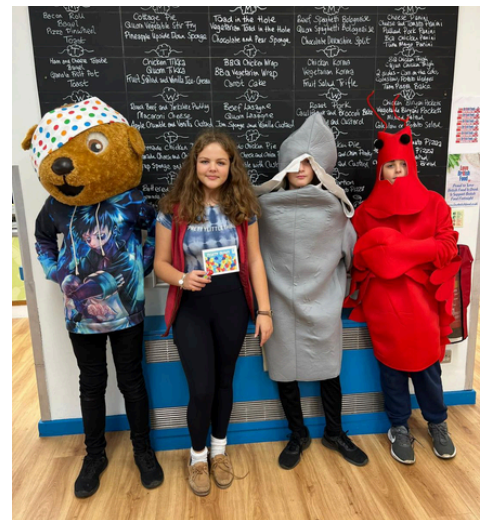
Year 7-11

ACTIVITY LEAD:
MR HAGGETT

chaggett@longfieldspencer.org.uk



During the school year we have four non uniform days with a cake sale to raise money for charity. We raise money for Children in Need (November), Save the Children (December), Comic Relief or Sports Relief (March) and the Spencer Superstars Charity (May). Students like to get involved and pay £1 to take part.



"No one has ever become poor by giving."

ANNE FRANK

CHRISTMAS ACTIVITIES

Year 8,9,10

ACTIVITY LEAD:
MISS BOLDERSON

ebolderson@longfieldspencer.org.uk



Students are divided into smaller groups and rotate around different activities. One activity is a watercolour activity in the style of Hundertwasser with a Christmas theme practising developing their painting skills with gradients and blends. Depending on numbers the next activity is to make a stackable block piece Christmas tree. The wood is, cut, sanded, stained and personalised using vinyl and the Cricut CAD machine. Students are able to take their work home to give as a gift!

"Christmas is not as much about opening
our presents as opening our hearts."
JANICE MAEDITERE

CHRISTMAS MARKETS

Year 8,9,10,11

ACTIVITY LEAD:
MR RAITHATHA

sraithatha@longfieldspencer.org.uk



This event is a favourite amongst students and is perfect to get into the festive spirit. At Long Field, we encourage students to visit places outside of Melton Mowbray and explore new cities. Students have the opportunity to visit the German Christmas market in Birmingham – our linguists are encouraged to practise their German speaking skills - or the Winter Wonderland in Nottingham. In groups, students can have a look around the market and start buying all the Christmas presents they will be giving! At the same, students have the opportunity to develop a range of key life skills such as money handling, time management and independence.

"Christmas is the day that holds all
time together."

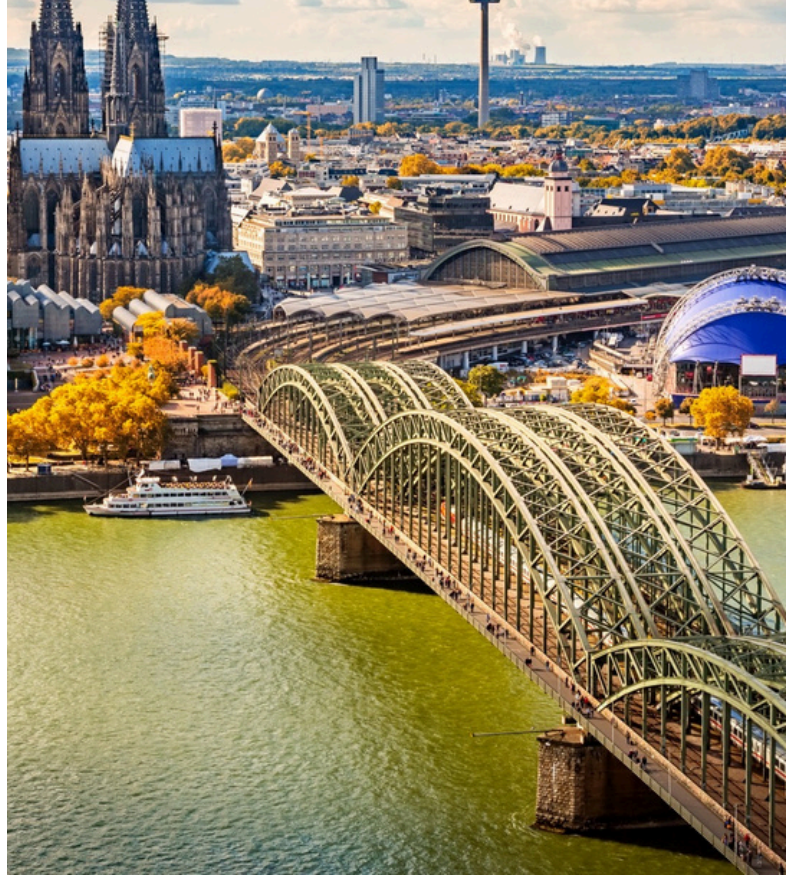
ALEXANDER SMITH

COLOGNE

Year 8

**ACTIVITY LEAD:
MISS SMITH**

rsmith@longfieldspencer.org.uk



The Cologne trip is a 5 day residential trip for Year 8 German students. We travel by coach and the Eurotunnel, which is an exciting journey in itself! Throughout our 5 days in Cologne, we experience many German cultural delights such as the Lindt chocolate museum, Cologne cathedral and typical German breakfasts in the youth hostel. We also visit a theme park and a water park. There are many opportunities daily to use and practise German skills, such as ordering food, buying things in the shops and ordering the correct shoe size when bowling! The aim of this trip is to broaden students' horizons culturally, socially and educationally.

"Travel is fatal to prejudice, bigotry,
and narrow-mindedness."

MARK TWAIN

COMPETITIONS

Year 7-11

ACTIVITY LEAD:
MR HAGGETT

chaggett@longfieldspencer.org.uk



Students get the chance to take part in competitions throughout the school year. As well as sporting, music and house competitions we take part in the Rotary Competitions, the Queen Mother's Handwriting Competition, creative writing competitions and we have regular competitions in the LRC. Our favourite is the staff vs student table tennis completion in Year 11. A great range for everyone!

"Don't knock your competitors. By boosting others you will boost yourself. A little competition is a good thing and severe competition is a blessing. Thank God for competition."

JACOB KINDLEBERGER

CRIME AND PUNISHMENT

Year 9, 10 and 11

ACTIVITY LEAD:
MISS YOUNG

myoung@longfieldspencer.org.uk



Our crime and punishment day is aimed at Year 9, 10 and 11 students who may have an interest in criminology, law, sociology and psychology. Students will spend the morning looking at the prison system in the UK, and formulating opinions on how effective it is. Following this, they will get to compare the UK system with those abroad. Students will also get to explore curriculum themes from their Religious Studies lessons, such as forgiveness, philosophical beliefs on punishment, the death penalty, and cultural variations on punishment to name a few.

Later in the day, students will hear from reformed offenders about their experiences of crime, prison, and reformation. They will get to ask questions and share opinions with the visitors. Students will have a work book to complete throughout the day, which will enable them to evidence their opinions, in preparation for a debate at the end of the day about how effective the UK prison system is. They will then be signposted to various places, where they can reach out to local politicians and policy makers to try and make a difference should they wish to do so.

"Crime is the price society pays for
abandoning character."

JAMES Q. WILSON

CULTURAL ENGAGEMENT

Year 7 - 11

ACTIVITY LEAD:
MISS YOUNG

myoung@longfieldspencer.org.uk



Long Field has a range of cultural celebrations, and activities to promote diversity throughout the year. Equality and diversity, sometimes called multiculturalism, is the concept of accepting and promoting people's differences. The aim is to raise awareness and make sure that all are treated equally and fairly.

We have a range of activities to help students recognise and respect people's differences, creating an all-inclusive atmosphere where our students have the opportunity to thrive.

Some examples of our celebrations are the Japanese week, Disability awareness, Chinese New Year, Holocaust Memorial day, Korean day, Earth day and Pride. Our student diversity leaders have a lot of input in organising these events.

"We all should know that diversity makes for a rich tapestry, and we must understand that all the threads of the tapestry are equal in value no matter what their color."

MAYA ANGELOU

DRAGON'S DEN

Year 8

ACTIVITY LEAD:
MR HAGGETT

chaggett@longfieldspencer.org.uk



This is an activity that students take part on Enrichment Days. Students are introduced to the BBC television programme Dragon's Den. They then have to design a product for a teenager that they will have to present to the Dragons in the second part of the Day in exchange for house points. The task includes presentation skills, collaborative working, research skills and quick thinking when the Dragons ask their tough questions. This is always a popular activity and one where students always rise to the challenge.

"Every time you state what you want or believe, you're the first to hear it. It's a message to both you and others about what you think is possible."

O P R A H W I N F R E Y

DREADLOCK ALIEN

Year 9

ACTIVITY LEAD:
MR SMITH

help@longfieldspencer.org.uk



Dreadlock Alien, also known as Richard Grant, is a poet who brings words to life with energy, rhythm, and a powerful message. He's not your typical poet—he performs his poetry out loud, often with music and movement, making it exciting and fun to listen to. Growing up in Birmingham, he was inspired by reggae and dub music, and he uses those sounds in his poetry to talk about real-life issues like identity, fairness, and standing up for what's right. His style is bold and full of personality, and he's known for making poetry feel cool and relevant to young people.

What makes Dreadlockalien really special is how much he cares about helping others find their voice. He visits schools all over the UK, running workshops where students can write and perform their own poems. He believes everyone has a story to tell, and he encourages young people to speak up and be proud of who they are. Whether he's on stage or in a classroom, Dreadlockalien shows that poetry isn't just about old books—it's about expressing yourself, having fun, and making a difference.

"Every time you state what you want or believe, you're the first to hear it. It's a message to both you and others about what you think is possible."

O P R A H W I N F R E Y

EGX TRIP

Year 8-10

**ACTIVITY LEAD:
MRS GWYTHYR**

agwyther@longfieldspencer.org.uk



An amazing opportunity for anyone interested in gaming and programming, this trip will run on a weekend usually in October, this year being Sat 14th or Sun 15th October dependent on ticket availability. The visit is open to all students in Years 9-11 (including this year's Year 11 cohort) with the intention of inspiring everyone with the latest games or career paths available in computing.

EGX - The UK's largest video games event, EGX London in partnership with Virgin Media. Should you be a gamer, wanting a career as a game designer or into the latest available machines this will be the trip for you. Opportunities include: playing latest games and consoles, Cosplay, Retro gaming, Stage and panel speeches from industry leading panels, presentations from game creators, face to face time with employers, exhibition areas, career talks and networking opportunities.

"Communication, the human connection, is
the key to personal and career success"
PAUL J. MEYER

ENGLISH SPEAKING & LISTENING

Year 9-10



ACTIVITY LEAD:
MISS FALLOWS

rfallows@longfieldspencer.org.uk

During this Enrichment day, all of Year 11 will complete their compulsory Spoken Language assessment. They are required to complete a presentation on their chosen topic to an audience and then answer questions based on their presentation. This is a separate qualification to their English GCSE and they will receive a Pass, Merit or Distinction.

"There is no substitute for hard work."
THOMAS EDISON

EXCELLENCE CHALLENGE

Year 7-10

ACTIVITY LEAD:
MR CHIPPENDALE

achippendale@longfieldspencer.org.uk



The Excellence Challenge is a series of challenges offered to the school's most able students in Years 7-9, over the academic year. Students complete 9 department challenges and 1 pastoral challenge. After each Challenge, students are awarded a grade of Gold, Silver, Bronze, and an average grade of all the challenges is awarded at the end. If all 10 challenges are completed and students obtain one of these grades, then they will win a trip. If an average grade of Gold is awarded then their name is entered into a prize draw. Previous trips have included Jodrell Bank, the Space Centre, and Bletchley Park.

"The future depends on what you do today."

MAHATMA GANDHI

GCSE GEOGRAPHY FIELD TRIPS.

Year 10-11

ACTIVITY LEAD:
MRS POTTER

apotter@longfieldspencer.org.uk



There are two field trips if you take GCSE Geography. For human field work we study the regeneration of Leicester and for physical field work we go to Hunstanton to investigate the effects that coastal management has on the coast.

In Leicester students investigate how regeneration has impacted the city and the people who live and work there. The quality of buildings is surveyed as well as pedestrian and traffic counts. Students also ask questionnaires to gather opinions about the regeneration and the impacts it has. In Hunstanton students measure beach profiles and the impact groynes have on the beach. Surveys are conducted to determine the impacts that the students and members of the public think the defences have on the coast at Hunstanton.

"If geography is prose, maps are
iconography."

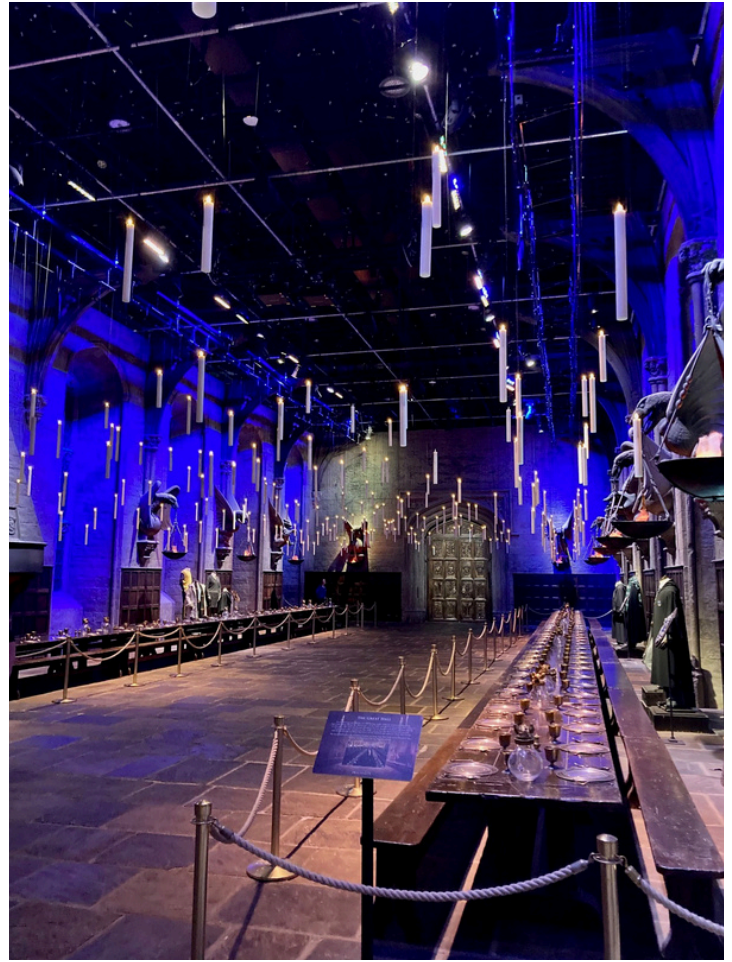
LENNART MERI

HARRY POTTER STUDIO TOUR

Year 8

ACTIVITY LEAD:
MR FRETWELL

help@longfieldspencer.org.uk



Step into the spellbinding world of Harry Potter with our unforgettable trip to the Warner Bros. Studio Tour! This is your chance to explore the actual sets, props, and costumes used in the iconic films – from the Great Hall to Diagon Alley and even the Forbidden Forest.

Students will uncover the secrets behind movie magic, including green screen effects, animatronics, and breathtaking model-making. Whether you're a lifelong fan or just curious about film production, this trip promises enchantment, inspiration and a truly magical experience.

" "It is our choices, Harry, that show what we truly are, far more than our abilities." "

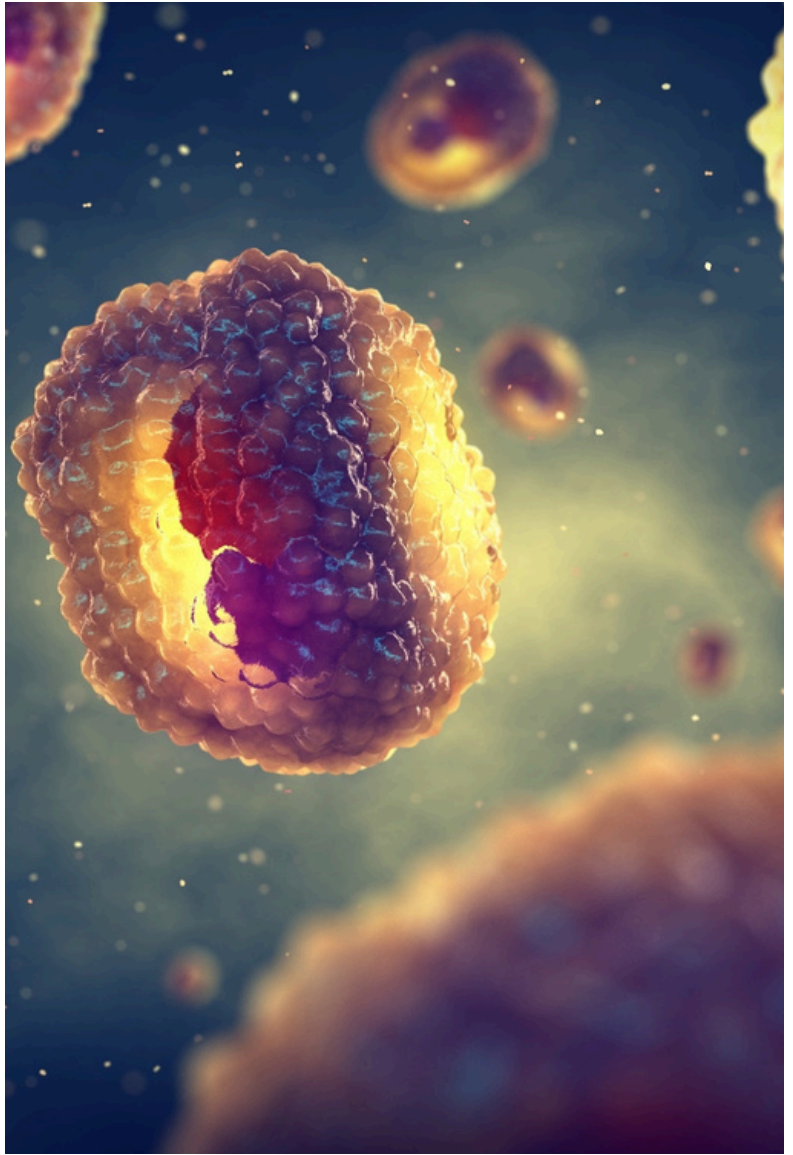
A L B U S D U M B L E D O R E

HEALTHY RELATIONSHIPS

Year 9-10

**ACTIVITY LEAD:
MRS SCOFFIELD**

sscoffield@longfieldspencer.org.uk



Year's 8 and 10 each have a day dedicated to Healthy Choices which is a series of sessions built around the wider RSE curriculum that isn't covered in our mainstream subjects. We offer these days over two year groups so that the content of the sessions can be tailored to be age appropriate. During these days, students will experience a range of activities and talks that focus on important topics such as contraception, sexual health, online safety, consent, identity and sexuality, LGBTQ+ awareness and the impact of addiction. We aim to make these days enjoyable, interactive and accessible to all to encourage an open, safe environment where students feel they can ask for support and advice.

"Remember that the happiest people are not those getting more, but those giving more."

H. JACKSON BROWN Jr

HOLOCAUST TRIP

Year 9

**ACTIVITY LEAD:
MISS SMITH**

rsmith@longfieldspencer.org.uk



The Holocaust Centre trip is a very unique experience. Its aim is to keep the survivors' stories alive forever. Students will develop their understanding of the causes and events of the Holocaust through a range of age-appropriate exhibitions and survivor testimonies. Students have the opportunity to listen to a Holocaust survivor talking about their experiences. Beth Shalom (the House of Peace) is the only museum exhibition dedicated to teaching young people about the Holocaust.

"If we bear all this suffering and if there are still Jews left, when it is over, then Jews, instead of being doomed, will be held up as an example."

ANNE FRANK

INTERVENTIONS

Year 11

**ACTIVITY LEAD:
MISS BUCKLE**

mbuckle@longfieldspencer.org.uk



During this day students have the valuable opportunity of attending personalised interventions across a range of subjects. Groups are personalised so students have valuable time to fill in any gaps in their learning and also to extend learning to ensure their best grade is made even more accessible. This is a really important day as students develop examination techniques and because misconceptions are dealt with too ensuring students have everything they need to secure some fantastic grades.

"Education is the key that unlocks the
golden door to freedom."
GEORGE WASHINGTON CARVER

LOCAL COLLEGE TRIP & NATIONAL SCHOOL LEAVER FESTIVAL

Year 11

ACTIVITY LEAD:
MISS BUCKLE

mbuckle@longfieldspencer.org.uk



The Year 11 students have the opportunity to visit a local college. This is a fantastic opportunity and allows the students to gain an insight into local colleges and options they may want to consider when applying for college. Students get to experience a day in the life of a college student, they get to select a range of A Levels that they are interested in and engage in a taster lesson. This can help develop passion and motivation when selecting the appropriate courses. This is a great opportunity to raise aspirations and broaden students' horizons.

"It's not about perfect. It's about effort."

JILLIAN MICHAELS

LONG DISTANCE EXCURSIONS

Year 9 - 11

ACTIVITY LEAD:
MR PATEL

mpatel@longfieldspencer.org.uk



Students have an incredible opportunity to visit countries overseas to offer help with inland projects. The trip is funded directly by the students through various fundraising events, giving them experience in fundraising. As the trip is funded purely by the students, they have so much appreciation whilst out on these experiences alongside learning about finances. During the expedition, students are working on a range of projects, these projects include; planting trees for wildlife, spotting orangutans in their natural habitat, cleaning and feeding elephants, chipping turtles, the list is endless. These expeditions give the students a once in a lifetime opportunity and the chance to focus on personal development, communication, team work, self-awareness and self-esteem as well as learning about cultural differences. The students embark on a range of tasks whilst on these expeditions and as well as developing effective communication in with their peers, they also communicate with in house leaders, so they learn how to communicate with different cultures. They have to complete tasks that require them to work effectively with others, problem solve and work independently. Independence is another skill that students can develop through this opportunity, learning to handle money and budget accordingly, personal hygiene and looking after themselves, effectively use free time wisely. A great experience that can have so many benefits for students and can help prepare them for life moving forward. This opportunity will be offered to Year 8, which will give them two years to raise the funds before attending the expedition.

" A d v e n t u r e i s w o r t h w h i l e . "

A E S O P

MATHS & ENGLISH LONDON TRIP

Year 7- 9

**ACTIVITY LEAD:
MRS PATEL & MRS
ANDREWS**

npatel@longfieldspencer.org.uk



The London trip is a great opportunity for the students to see mathematics and English in a real life context. The trip has many different iconic places that are visited throughout the day. The Natural History Museum is an amazing experience followed by a visit to the science museum which includes the mathematics gallery showing all the equipment and how it was used. Visiting the Bank of England Museum where the financial decisions are made and the history will give more understanding about how money, inflation, recessions are in the world. This trip also allows students to see a live West End show where fabulous stories are brought to life on the stage and students can witness amazing costumes and music and see how shows are crafted. Past shows have included, Wicked! And Back to the Future. It is a fun filled overnight stay in London and the experience of the culture, atmosphere is an added bonus and is unforgettable

"I've been walking about London for
the last 30 years, and I find
something fresh in it every day.

WALTER BESANT

MAGNA

Year 7

**ACTIVITY LEAD:
MR SALTINSTALL**

asaltinstall@longfieldspencer.org.uk



Our trip to Magna Science Adventure Students is for Year 7 students. They will spend the day exploring interactive exhibits and to help facilitate learning through investigation and play. Not only does this link to the investigative skills and critical thinking aspects of the science curriculum, but also will provide lots of exciting moments for students with interests in engineering, technology and design.

"The good thing about science is that it's true whether or not you believe in it."

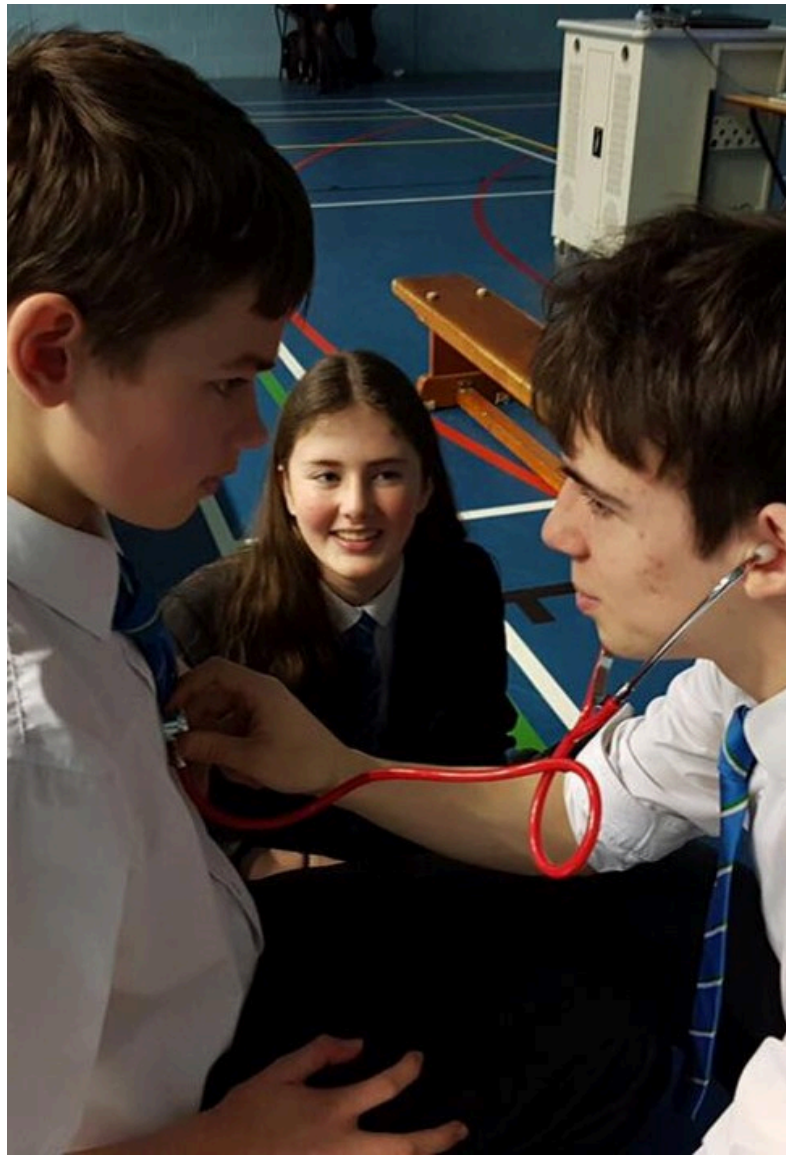
NEIL DEGRASSE TYSON

MEDICAL MARVELS

Year 8

ACTIVITY LEAD:
MR RAITHATHA

sraithatha@longfieldspencer.org.uk



This day is delivered by a company that aims to inspire the next generation of medics and scientists by bring into school real medical and sports science equipment for students to explore. As well as experimenting with the equipment, students get to explore the really broad and indeed varied ranges of careers that can be pursued in the NHS. The day encourages students to think about their career options and to raise aspiration!

"Where the art of medicine is loved,
there is also love for humanity"

HIPPOCRATES

MUSICAL CON

All Years

ACTIVITY LEAD:
MISS SMITH

rsmith@longfieldspencer.org.uk



If you love musical theatre then the Musical Con trip is for you! This trip is open to students in all years and usually runs on the first weekend of October half-term. You can meet the stars of the West End, take part in workshops, buy their amazing merchandise and of course, dress up if you wish!

"Music washes away from the soul the
dust of everyday life."
BERTHOLD AUERBACH

NEW YORK

Year 11

ACTIVITY LEAD:
MR RAITHATHA

ssraithatha@longfieldspencer.org.uk



This is a fantastic opportunity planned each year to coincide with February half term. The visit is open to students in Years 10 and 11 and gives students the opportunity to experience an exciting range of activities in a city that will inspire and expand students thinking and leave a long-lasting impression upon them.

New York is a dynamic city with some of the most recognisable landmarks in the world, including The Statue of Liberty; Empire State Building and 9/11 memorial and yet, the size and scale of the city alone will be an experience that those who go will never forget. The city shows great diversity and is steeped in History as well as being the known as the entertainment capital of the world, students will have an opportunity to visit the Rockefeller music hall and experience a Broadway show which links well to those who may wish to pursue a career in performance arts and or music.

"There is something in the New York air
that makes sleep useless."

SIMONE DE BEAUVOIR

PETE THE PANDA

Year 7

ACTIVITY LEAD:
MR HAGGETT

chaggett@longfieldspencer.org.uk



Reading is important at Long Field. The day starts with Mr Haggett talking about the books that he loved as a child and inspired him to be a reader. Students are then challenged to write a story and create a book that will inspire children to fall in love with books in the same way that Mr Haggett did as a child. The winning book has the potential to be published and the day is named after the book that won the first time we ran this activity.

"Books are a uniquely portable magic."
STEPHEN KING

PROM

Year 11

ACTIVITY LEAD:
MR HAGGETT

chaggett@longfieldspencer.org.uk



The Prom is the highlight of the Year for Year 11 students. Shortly after their leavers' assembly the Prom is the final event to celebrate their time at Long Field the end of their exams. The event is a lavish affair with a meal, disco, awards and there are always lots of surprises. The school also operates a prom outfit library for those who need help with their outfits!

"Sometimes you just have to throw on
a crown and remind them who they're
dealing with."

MARILYN MONROE

REWARDS TRIP - CITY

Year 7-11

ACTIVITY LEAD:
MISS SMITH

rsmith@longfieldspencer.org.uk



The rewards trip City visit, usually to Oxford or Cambridge starts with a short tour of the city and learning some interesting and exciting facts about the university buildings. Oxford and Cambridge universities are unique in that they are made up of many colleges and aren't just one or two large buildings, like you would see in Leicester or Nottingham. If we are really lucky, we see the students dressed in their "caps and gowns". Following the tour, time will be given to go into the city centre to explore and do some shopping!

" A b a d d a y i n O x f o r d i s b e t t e r t h a n a
g o o d d a y a n y w h e r e e l s e . "

U N K N O W N

REWARDS TRIP THEME PARK

Year 7 - 11

ACTIVITY LEAD:
MR RAITHATHA

sraithatha@longfieldspencer.org.uk



After a year of working hard and collecting rewards points, this day is an opportunity for students to have some fun with their friends and enjoy a day out. Only students that have earned 100 or more points are invited to attend this trip but it is not compulsory and there is an alternative option – a city visit – if students prefer something a bit more cultural and quiet!

"Life is a roller coaster. There are ups, there are downs, there are hills, there are valleys, peaks and so on."

MARTIN LANDAU

SCHOOL SHOW

Year 7-11

**ACTIVITY LEAD:
MR SMITH**

joesmith@longfieldspencer.org.uk



Each year, as well as our Christmas and Summer concert, students put on our school show. Some of our recent productions include Hairspray, Dracula Spectacular, Legally Blonde and Matilda.

Any student taking part in the schools' annual production must take part in any full-day rehearsal that is scheduled for the enrichment day. Full-day rehearsals will not occur on every enrichment day, only usually 2.

Students taking part in the show will run through the entire show, from start to finish and this would usually include full costume, make-up, props, microphones and lighting. One not to be missed!

"The best acting is instinctive. It's not intellectual, it's not mechanical, it's instinctive."

CRAIG MACDONALD

SCIENCE PRACTICAL DAY

Year 11

ACTIVITY LEAD:
MR SALTINSTALL

asaltinstall@longfieldspencer.org.uk



Year 11 students will spend the day carrying out a number of the required practical's they are expected to cover for their upcoming GCSE exams. This not only includes getting stuck in and performing the practical's themselves across Biology, Chemistry and Physics, but also looking at any associated theory, analysis and results in order to improve their investigative skills and best prepare them for their exams.

"There are in fact two things, science
and opinion; the former begets
knowledge, the latter ignorance."
HIPPOCRATES

SKEGNESS

Year 9-10

**ACTIVITY LEAD:
MRS WARRISS**

lwarriss@longfieldspencer.org.uk



Skegness is a traditional British seaside town, a mere 90 miles outside of Melton Mowbray, yet an experience that can be a million miles from a child's small town life experiences.

Steeped in British culture, one of the Country's first seaside resorts, Skegness has an impressive and celebrated Blue Flag beachfront as well as a renowned traditional Promenade and Pier.

The trip is open to students in Years 9 and Year 10 who have time to explore and experience a traditional seaside town, the beach and fun fair, enabling the health benefits the seaside can bring but also have time to socialise via experiences not readily available locally.

"Dance with the waves, move with the
sea. Let the rhythm of the water set
your soul free."

CHRISTY ANN MARTINE

SKI TRIP

Year 7-11

ACTIVITY LEAD:
MR ROWBOTHAM

srowbotham@longfieldspencer.org.uk



Year 7-11 are offered the opportunity to attend a ski trip to a European country during February half term. This trip gives students the opportunity to discover a new skills or develop their existing skills through extensive coaching while also gaining independence. Ski trips abroad can improve students relationships and attitude whilst also giving them an enriching experience which can be bought back into the classroom. The benefit of the ski trip for young people include physical skills, increased knowledge, personal and social development, environmental awareness and awareness of health and fitness. The personal development is a crucial aspect of the trip, which focusses of confidence, wellbeing and social skills. There is also evidence to support the idea that, through improving these skills, ski trips also improve education attainment.

" A pair of skis are the ultimate
transportation to Freedom."

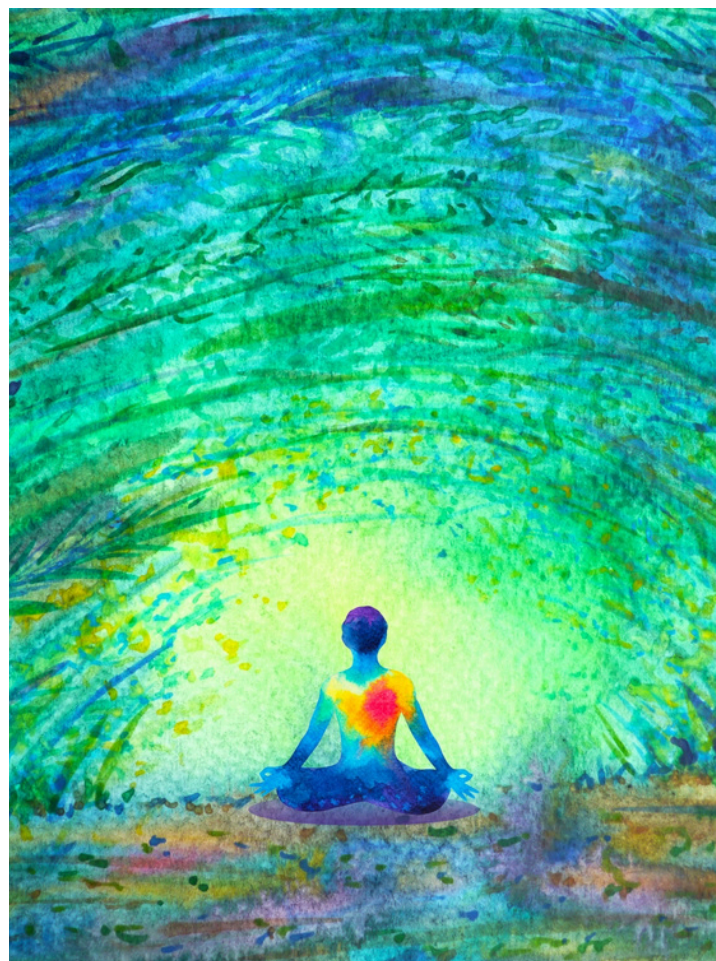
WARREN MILLER

SPIRITED ARTS

Year 9 & 10

ACTIVITY LEAD:
MISS YOUNG

myoung@longfieldspencer.org.uk



Our Spirited Arts day is part of a national competition, where students are asked to produce a piece of art work, poetry or a model. Each year there are different themes, which encourage students to blend their Religious Studies curriculum knowledge with deeper religious philosophy and ethical issues in the modern world. Students will spend the morning looking at the different themes and discussing current affairs around their chosen theme, before producing their piece of art. The best 10 from the day will then be entered into the competition. Students will then spend the final part of the day writing about their piece of work and what it means to them. The day links to various religious studies topics, such as expression of religion, modern ethics, as well as the exploration of the potential conflict of traditional religious beliefs and living in the modern world. The day is aimed at Year 9 and Year 10 students.

" Art is never finished , only
abandoned . "

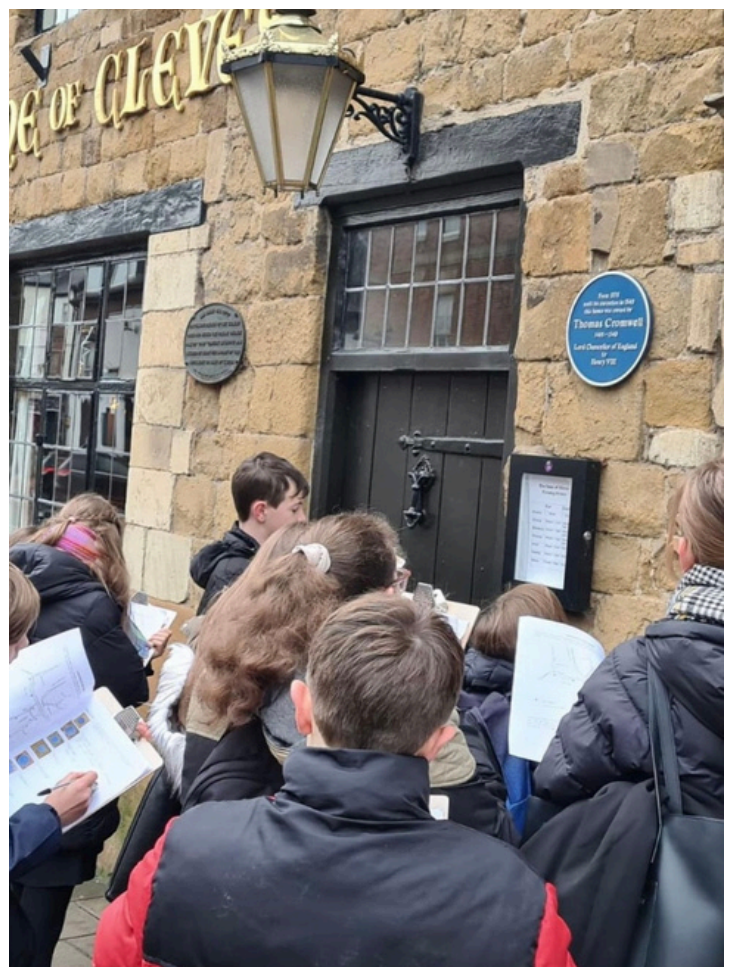
LEONARDO DA VINCI

SOCIAL SCIENCES DAY

Year 7

ACTIVITY LEAD:
MRS POTTER

apotter@longfieldspencer.org.uk



Year 7 students have the opportunity to experience field work and investigation for Geography and History subjects.

Their aim is to answer these key questions:

- 1. What is the historical importance of Melton?**
- 2. Is traffic a problem in Melton?**
- 3. What are the land uses of Melton?**
- 4. What is the environmental quality of Melton?**
- 5. Does Melton have green spaces?**
- 6. How could Melton be improved?**

The students walk from school into Melton where they investigate the history of the town by completing a Blue Plaque trail. For Geography students collect their own data on traffic, environmental quality and land use so that they can reach conclusions on whether Melton is a town of opportunities and the challenges it faces in the 21st century. The students also practice their map skills by identifying locations of map symbols within the town.

In school after lunch the students independently find out more about the history of Melton by completing a timeline.

" Everything has to do with geography "
JUDY MARTZ

SPORTS DAY

Year 7 - 10

ACTIVITY LEAD:
MR HINGS

rhings@longfieldspencer.org.uk



The final house competition of the year is Sports Day. A popular event mixing traditional athletics with some more unusual competitions such as limbo and welly wangling. A great day out for everyone and a great way to add up those final points to see who wins the house cup!

"The five S's of sports training are: stamina, speed, strength, skill, and spirit; but the greatest of these is spirit."

KEN DOHERTY

TAKESHI'S EGGS

Year 7

ACTIVITY LEAD:
MR HAGGETT

help@longfieldspencer.org.uk



Students in Year 7 are challenged to recover eggs which have been stolen from the magician Takeshi. Students must recover eggs from places around Takeshi's Magical World including the deep well and the acid river! Like the Crystal maze, but better, not to be missed!

"Life is either a daring adventure or
nothing at all."

HELEN KELLER

THEATRE TRIPS

All Years

**ACTIVITY LEAD:
MRS GRACE**

kgrace@longfieldspencer.org.uk



Theatre trips give students the chance to experience live performance as an extension of their classroom learning. Seeing professional actors on stage helps bring the subject to life, deepening students' understanding of performance techniques, staging, and characterisation. From classic texts to modern plays, each trip is carefully chosen to support the Drama curriculum and spark inspiration for students' own practical work. These visits allow students to observe a wide range of theatrical styles and genres, broadening their creative outlook and encouraging critical analysis. Discussions before and after the performances help students reflect on directorial choices, acting skills, and design elements, enriching their own approach to devising and performing. Theatre trips are not only educational but also exciting and memorable experiences that help nurture a lifelong appreciation for the performing arts.

"Life is either a daring adventure or
nothing at all."

HELEN KELLER

THEME PARK ACTIVITY

Year 7

**ACTIVITY LEAD:
MRS GWYTHER**

agwyther@longfieldspencer.org.uk



During this day, students will have the opportunity to get creative by designing a theme park! Additionally, students will explore the arguments for and against a theme and consider the environmental impact. Students will develop their debating skills and will also practise their formal writing skills as part of the day looks at presenting arguments and writing for purpose.

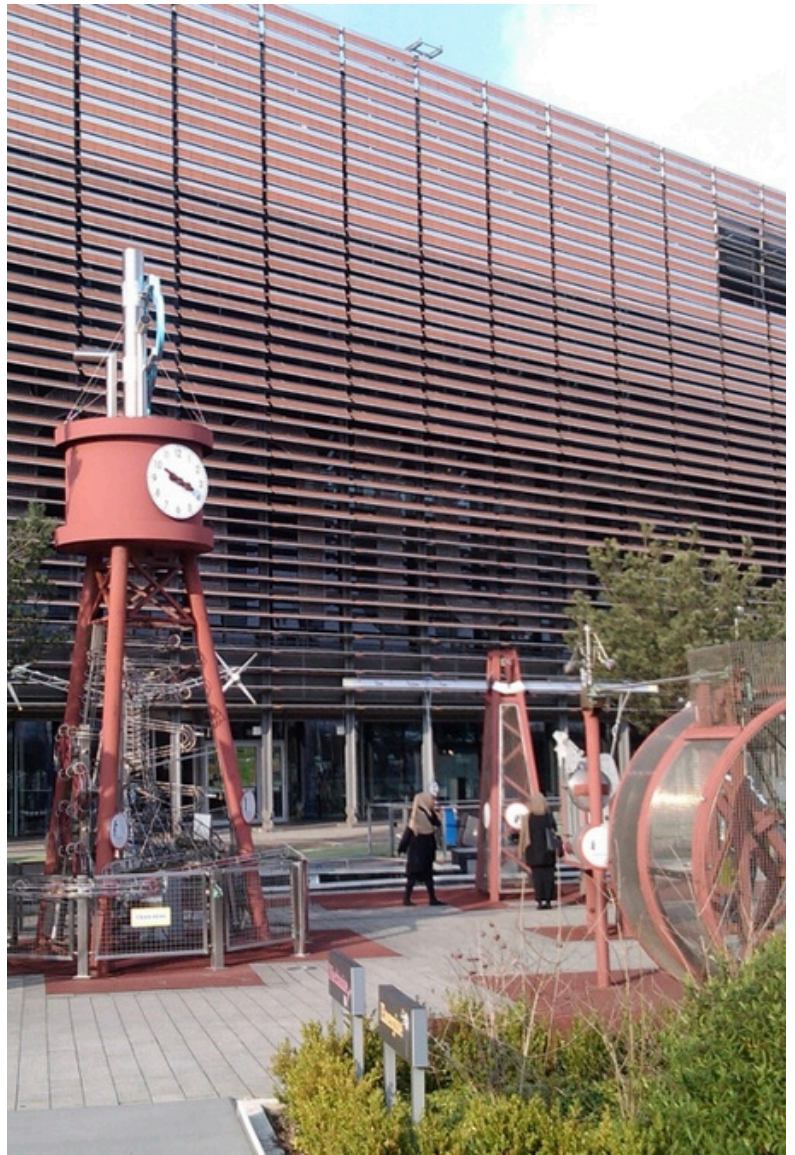
D I V Y A M A N I K U M A R

THINKTANK OR SPACE CENTRE

Year 8

ACTIVITY LEAD:
MR SALTINSTALL

asaltinstall@longfieldspencer.org.uk



Year 8 students will have the opportunity to visit Thinktank Birmingham Science Museum or the National Space Centre in Leicester. Whilst there, students will have the opportunity to explore amazing exhibits, such as the Planetarium and the Wildlife and Marine Worlds. This is a brilliant opportunity to develop knowledge that is a pivotal part of the science curriculum, such as space physics, forces and motion and biodiversity.

"Nothing in life is to be feared, it is only to be understood. Now is the time to understand more, so that we may fear less."

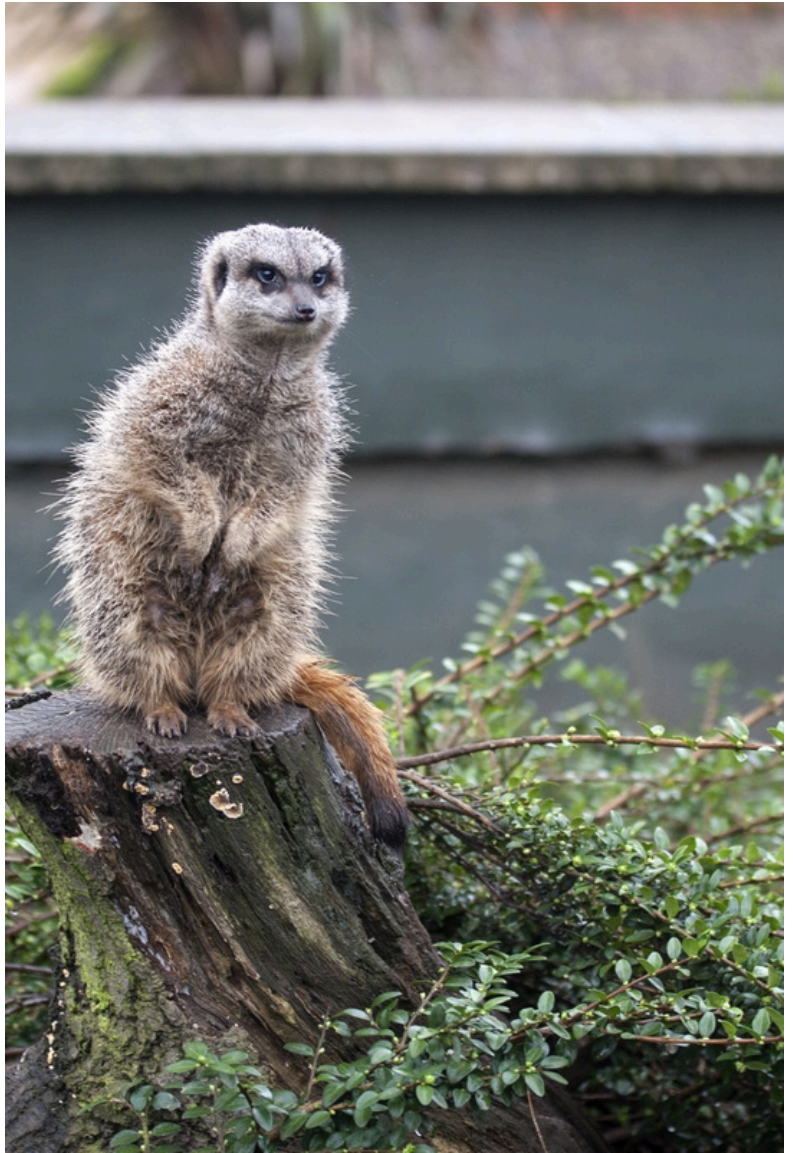
M A R I E C U R I E

TWYCROSS ZOO

Year 7

ACTIVITY LEAD:
MR SALTINSTALL

asaltinstall@longfieldspencer.org.uk



Twycross Zoo is a trip for Year 7, 8 and 9 students, where students can see over 80 species of animals up close. Students will be able to see first-hand concepts that they will cover in their Science lessons, such as feeding relationships, conservation and animal adaptations. Twycross Zoo is home to over 400 different animals, including Tigers, Rhinos, Leopards, Snakes and several species of Apes.

"People forget the good that zoos do.
If it weren't for zoos, we would have
so many species that would be extinct
today."

BETTY WHITE

WARWICK CASTLE

Year 7

ACTIVITY LEAD:
MRS LEE

slee@longfieldspencer.org.uk



Aimed at Year 7 to compliment our History topic looking at Castle building. Students get a fun packed day at Warwick Castle. Depending on the activities on offer that day we fit in as much as we can. This includes a tour inside the Castle, the popular Kingmaker exhibition, a walk along the Castle walls, a climb to the top of the oldest Norman part of the Castle, and a tour of the grounds. We also watch the opening of the portcullis ceremony, jousting, birds of prey show, medieval weapons talk, archery talk, meet Elizabeth I, the Horrible History maze, and many other shows and events throughout the day.

Students require a packed lunch and drink, and they need to dress appropriately for the weather conditions and wear comfortable walking shoes.

" You make kingdoms and castles on
your own. "

STEPHAN JENKINS

WEAR IT YELLOW DAY

Year 7-11

ACTIVITY LEAD:
MR HAGGETT

help@longfieldspencer.org.uk



Being aware of your mental health is such an important part of Long Field. We take part in National Wear it Yellow Day to show we are a school that cares about mental health, we are aware that sometimes issues with mental health can't always be seen and to support students in how they can access help.

"There is hope, even when your brain tells you there isn't."

JOHN GREEN

WEST MIDLANDS SAFARI PARK

Year 8

ACTIVITY LEAD:
MR PATEL

mpatel@longfieldspencer.org.uk



West Midlands Safari Park is a fantastic, award-winning visitor attraction for Year 8, located in the heart of England. The park is home to a variety of all-weather attractions, including four miles of drive-through safari, a thrilling dinosaur exhibit and a theme park. Currently, almost 100 different species call the Park home, and can be seen either in the comfort of the coach on the Safari Drive, or on foot in the Safari Walk.

"A safari is more than an adventure; it's
a journey of the heart."

UNKNOWN

WORLD BOOK DAY

Year 7-11

ACTIVITY LEAD:
ENGLISH

mbarker@longfieldspencer.org.uk



World Book Day is an annual celebration in March of authors, illustrators, books and the joy of reading, and it is one of our highlights at Long Field! We love celebrating in fun ways such as staff dress up, murder mysteries, escape rooms, book swaps, read-alouds, competitions and our most recent Comic Con. World Book Day allows us to focus on reading for pleasure, supporting our student's autonomy in book choice. All departments get involved as well as the library, and we enjoy the opportunity to join in with the national buzz around reading and the celebration of books when we can encourage everyone to let go of pressure and expectations and give students a chance to grow a lifelong love of reading.

"Today a reader, tomorrow a leader."
Margaret Fuller

LONG FIELD SCHOLARSHIPS

ACTIVITY LEAD:
MISS CHAUHAN

pchauhan@longfieldspencer.org.uk



Long Field Scholarships recognise a student's achievement or special talent in six different areas Creative, Diversity, Performing Arts, Reading, Sports, and STEM. Applying for a scholarship takes pupils on a journey, far beyond the expected curriculum – and for that reason, they're best suited to those who love learning, and are prepared to go that extra mile. We want to set our students up for a lifelong love of learning.

Scholars are will be given the opportunity to work independently on building upon their existing skills and talents. They will also benefit from a half-termly talk from those who are knowledgeable in their chosen specialism. Students learn to explore interests in their scholarship area in greater depth. This is wonderful preparation for the future, college, university studies and beyond. Winning a scholarship is a great achievement and a wonderful way to recognise their talent, endeavour and intellectual curiosity.

"Live as if you were to die tomorrow.
Learn as if you were to live forever."
MAHATMA GANDHI